

# - DEMENTIA FRIENDLY PROGRAMS -



## THE BRIDGE RESPITE CARE DAY PROGRAM

"The Bridge caregivers need to manage their  
daily lives"



### Operating Hours:

Wednesday and Thursdays  
10:00 am - 2:00 pm

**To apply for the program or more information  
Please call Elisa Lynch, Respite Care Manager  
Ext. 5231**

### The program includes:

Daily Exercise & Meditation  
Lunch & Afternoon Snack

Games, Entertainment, Arts & Crafts. Activities  
are designed to stimulate the mind, body and  
soul. **All for one low fee of \$40 per day**

### **CPR & Dementia Care Certified Staff**

Participants must be able to follow directions, be  
non-combative, function in an ambulatory setting, and be  
able to administer own medications and personal care.

*Located at the Bourne Council on Aging  
239 Main Street, Buzzards Bay*

### **Our Mission:**

To promote, enhance and enrich the social, physical  
and cognitive skills of each participant in a safe,  
stimulating environment. To help maintain health and  
foster independence for participants while  
providing respite for the caregiver.

*This Program is made possible through a grant from  
the Commonwealth of Massachusetts Executive Office  
of Health and Human Services*

## The Connection Café

The Connection Café is a welcoming place  
for people with Alzheimer's disease or  
dementia related diseases and their care  
partners to connect in a safe & supportive  
environment.

**May 3 & June 7 at 2:00 pm  
At the Bourne Council on Aging  
Café, 239 Main Street**

**Buzzards Bay**

**REGISTRATION IS REQUIRED**

**Elisa Lynch at  
508-759-0600 Ext: 5231**



**Alzheimer's Family Support Center**  
Until there's a cure, there's community.

### **Family Caregiver & Companion Support Group**

**2nd & 4th Monday of the Month**

**2:30 - 4:00 pm**

**At the Bourne COA**

**239 Main Street, Buzzards Bay**

**Registration is Required 508-896-5170**

**-SPACE IS VERY LIMITED-**

[www.alzfamilysupport.org](http://www.alzfamilysupport.org)